

PSYCHOLOGY

STUDENT NEWSLETTER—MARCH 2017 EDITION

Summer and Fall 2017 Registration Coming Soon!

We recommend that you meet with an advisor **at least once a semester**. Please call (970) 491-3799, or stop by Behavioral Sciences Building (BSB) 201 Monday-Friday between 7:45 a.m.-4:45 p.m. to schedule an appointment.

Drop-in advising is also available for quick questions:

Monday: 1:30 pm –3:30 pm
Tuesday: 12:30 pm - 2:30 pm
Thursday: 9 am - 11 am

Registration Begins...

Honors/Athletes/RDS - April 3
Seniors (90+ credits) - April 4
Juniors (60+ credits) - April 7
Sophomores (30+ credits) - April 14
Continuing Freshman (<30 credits) - April 21

Advising Codes have been placed on accounts of students who are on academic probation, and some students who have reached Junior standing, or who have recently transferred to CSU.

Academic probation is defined by a student's cumulative GPA being below a 2.0. If you are in this situation, we will discuss options for repairing your GPA when you come in for advising, as well as assist you in planning classes for the upcoming semester. You will not be able to register for summer or fall until you see your advisor.

Important Dates

March 13-17: Spring Break

March 20: Last Day to Withdraw from a Course; Repeat-Delete Forms Due

March 21: Summer Registration Begins

May 5: Last Day of Spring Semester Classes; Complete University Withdrawal Deadline

May 8-12: Final Exams

May 13: CNS Graduation, Moby Arena; check-in 6:30am; ceremony 8:00am

Looking for Summer Internships?

Here are some tools to help you be successful in the search and application process:

Handshake is a great tool through the CSU Career Center where you can search for internship and job postings for people wanting to hire CSU Students:

<https://career.colostate.edu/experience/handshake>

Tips for writing a *cover letter* and *resume*:

<https://career.colostate.edu/explain/resumes-other-materials#resumes>

Tips for *dressing for success*:

https://career.colostate.edu/quick_tips/dress-for-success

CAMPUS
CONNECTIONS
OPPORTUNITY
(FORMALLY CAMPUS CORPS)

Want to mentor at-risk youth for 3 upper division credits during the Summer or Fall 2017 semester? Consider joining Campus Connections!
<http://www.hdfs.chhs.colostate.edu/students/undergraduate/>

Got Tutoring?



Tutoring@CSU is an online resource for CSU students to find tutoring and online tutorials that can help them learn and succeed. To find a tutorial, click on the "Find Tutorials" tab.

Tutoring@CSU also has a database of private tutors who are available to tutor for a fee. You can find information about how long tutors have been tutoring, what trainings they may have received for tutoring, and what courses they tutor. To locate a private tutor who best meets your academic needs, go to <http://tutoring.colostate.edu> and click on the "Find Tutoring" tab.

CSU Summer Registration is Almost Here!

Taking classes at CSU this summer can help you catch up on credits or just get ahead to make life easier later! We encourage you to look at the summer schedule (on RamWeb—<http://RAMweb.colostate.edu>) and register for classes, starting **March 21st**. Here are the Psychology classes being offered this summer:

****Please note that courses are subject to cancellation if the course is under enrolled****

Course	Title	Location
PSY 100	General Psychology	On campus and Online
PSY 210	Psychology of the Individual in Context	On campus and Online
PSY 250	Research Methods in Psychology	On Campus and Online
PSY 252	Mind, Brain, and Behavior	On campus and Online
PSY 260	Child Psychology	On campus
PSY 300	Positive Psychology	Online
PSY 305	Psychology of Religion	Online
PSY 310	Basic Counseling Skills (weekender course)	On campus
PSY 311A	Basic Counseling Skills Lab—CAC	On campus
PSY 315	Social Psychology	On campus and Online
PSY 317	Social Psychology Lab	On campus and Online
PSY 320	Abnormal Psychology	On campus and Online
PSY 325	Psychology of Personality	On campus and Online
PSY 327	Psychology of Women (weekender course)	On campus
PSY 330	Clinical and Counseling Psychology	On campus
PSY 335	Forensic Psychology	On campus and Online
PSY 340	Organizational Psychology	Online
PSY 341	Organizational Psychology Lab	Online
PSY 360	Psychology of Drug Addiction Treatment	On campus

Course	Title	Location
PSY 362	Professional Issues in Addictions Treatment	On campus
PSY 364	Infectious Disease and Substance Use	Online
PSY 401	History and Systems of Psychology	On campus and Online
PSY437	Psychology of Gender	Online
PSY 440	Industrial Psychology	Online
PSY 441	Industrial Psychology Lab	Online
PSY 452	Cognitive Psychology	Online
PSY 453	Cognitive Psychology Lab	Online
PSY 454	Biological Psychology	On campus
PSY 455	Biological Psychology Lab	On campus
PSY 456	Sensation and Perception	Online
PSY 457	Sensation and Perception Lab	Online
PSY 460	Child Exceptionality and Psychopathology	Online
PSY 492C	Sport & Exercise (weekender course)	On campus
PSY 492C	The Good Life: Lifestyle Interventions for Everyone (weekender course)	On campus
PSY 492C	Psychology of Happiness (weekender course)	On campus
PSY 492F	Seminar—Behaviorism	On campus

Registration for the Fall 2017 semester starts in April! Make sure to schedule an appointment with your advisors prior to your registration date. Call 970-491-3799 to schedule an appointment.

Midterms have you stressed out? Try Mindfulness!

Learn stress-busting mindfulness exercises that can help you in everyday life!

Mindful Drop-In Group (no registration required)

Wednesdays, 12:10pm-1pm in LSC 324

Mindfully Managing Stress Workshop

Thursdays 3/30-4/20, 11am-12:15pm

Call (970)491-6053 to register



Check out <http://health.colostate.edu/groups-and-workshops-directory/> for more information

REMINDER: The Course Withdrawal Deadline is Monday, March 20th (the Monday after returning from Spring Break). We will have extra drop-in hours this day to discuss if withdrawing from a course is the best option for you. Drop-in hours for Monday, March 20th are from 9:30am until 3:30pm.

ADDITIONAL RESOURCES & INFORMATION

- ◆ Get the latest info on research, registration, and advising by “liking” us on Facebook! Search for: Psychology Advising at Colorado State University to get weekly information and tips on important dates and events, as well as other important information and updates.
- ◆ Or, follow us on Twitter @PsyCSUAdvising!
- ◆ Become aware of where you are at in the semester and what can still be done to achieve your goals by attending the workshop entitled **“Damage Control”**
 - Monday, March 7th– 5:00 p.m. (TILT 221)
 - Tuesday, March 9th - 6:00 p.m. (TILT 221)
- ◆ Learn what foods can help promote the most optimal brain activity by attending the **“Meals for the Mind”** TILT workshop, presented by the Kendall Anderson Nutrition Center.
 - Monday, March 28th– 5:00 p.m. (TILT 221)
 - Tuesday, March 30th - 6:00 p.m. (TILT 221)
- ◆ Did you know. . .students who live on campus do better academically than those who live off campus? For more information regarding on-campus living options, go to <http://www.housing.colostate.edu/liveon>
- ◆ Looking for a job/internship working with youth? Summer camps might be a great option for you! Check out this link for more information about the opportunities available for Summer 2017 - <http://www.greatcampjobs.com/>

Please contact Molly Parsons, at molly.parsons@colostate.edu if you have any information you'd like to submit to an upcoming Undergraduate Psychology Newsletter